

What to expect?

- ◆ An introductory 1:1 meeting with Volunteer Coordinator.
- ◆ Flexible opportunities tailored to availability of volunteer and their interests.
- ◆ Regular contact with friendly, encouraging support.

What to do next?

Contact Stuart Thomson,
Pennypit Volunteer Coordinator:

e: volunteerprestonpans@gmail.com

t: 01875 815221

Find current opportunities at:

Pennypit Community Development Trust



@pennypit sport



Pennypit Community Development Trust
Pagoda Building
North Grange Avenue
Prestonpans
EH32 9BN

thepennypitcommunitydevelopmenttrust.com



Pennypit Sports Volunteer Project

**More Volunteers
More Sport
More Participation**

**Pennypit
Trust**





What is the Pennypit Sports Volunteer Project?

The project is managed by the Pennypit Community Development Trust in association with Active East Lothian's Prestonpans Community Sport Hub.

It aims to increase sport and physical activity in the Tranent area by increasing the number of people volunteering with a local sports club or at a community sports event.

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Who is it for?

- ◆ People, young or old, looking to develop employability skills
- ◆ Sports students looking for practical experience or a placement
- ◆ Individuals interested in a sports related career
- ◆ Coaches wanting to increase their coaching qualifications
- ◆ Anyone looking for a sports role within a local sports club.
For example: coach, talent scout, sport psychologist, strength & condition coach, sport therapist, physiotherapist, match analysis, etc
- ◆ Anyone wanting to help their local sports club in a support role.
For example: admin, catering, ground maintenance, media, marketing & fundraising, mini bus drivers, web design & social media, finance, event staff, journalism, etc

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How we can help

If you work with individuals who would benefit from volunteering we can...

- ⇒ Provide a supported pathway to volunteering opportunities.
- ⇒ Give access training (first aid, admin, catering etc) & Coach Education (UKCC, SFA, Fit2Coach, etc).
- ⇒ Identify opportunities that meet the interests and availability of the individual.

Key benefits for the volunteer

- ◆ Gain experience
- ◆ Use their skills & gain new ones
- ◆ Sense of achievement
- ◆ Do something you enjoy

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