

THE PENNYPIT COMMUNITY DEVELOPMENT TRUST

www.thepennypitcommunitydevelopmenttrust.com

Pennypit Sports Project Volunteer Opportunities

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ACTIVE EAST LOTHIAN HOCKEY COACH

What: A great opportunity to coach a hockey team for Preston Lodge High school

When: Training on a Monday afternoon with game on Saturday morning

Who: Willingness to learn, patient, encouraging, organised and positive. Able to create a fun learning environment (PVG role).

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

PENNYPIT TRUST WEBMASTER

**What: Develop and maintain website
for a sports club.**

When: Flexible hours

**Who: Excellent IT skills, creative
with good knowledge of social
media.**

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

Badminton

ACTIVE EAST LOTHIAN BADMINTON COACH

What: A great opportunity to coach badminton to primary school children

When: One midweek session per week

Who: Willingness to learn, patient, encouraging, organised and positive. Able to create a fun learning environment (PVG role).

For more information

email

volunteerprestonpans@gmail.com

call

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NEW

Sports Coaching

PENNYPIT TRUST SHADOW SPORTS COACH

What: An opportunity to shadow an experienced coach. Observe and learn from a NGB qualified coach. (Football, hockey, cricket and gymnastics)

When: Flexible hours. Training midweek with weekend game.

Who: An individual looking to start a coaching, with a willingness to learn

For more information

email

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PRESTON ATH. YFC LEAD YOUTH COACH

**What: Youth football coaching.
Leading Training Sessions and
games on match day with the squad
(u7 or u11)**

**When: One midweek session and
Saturday game (3 hours per week)**

**Who: SFA level 2 qualified, patient
and able to encourage, organised,
reliable. (PVG role).**

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

**PRESTON ATH. YFC
FUNDRAISER**

What: Coordinate and promote fundraising events. Assist with funding applications.

When: Flexible, attend events and committee meetings (2 hours per week)

Who: Creative & innovative, able to organise events, interest in learning about funding applications.

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

**SALTIRE TEAM
GYMNASTICS
PHOTOGRAPHER**

What: Taking sports action photographs at competitions and using specialist software to improve image quality

When: Saturday or Sunday, for gymnastic community events and competitions (hours tbc)

Who: own camera, creative, reliable, organised, IT skills, (PVG role).

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

PENNYPIT TRUST NUTRITION ASSISTANT

What: Providing nutrition and cooking skills support at a local day centre for older people

When: weekday daytime, 2 hours per week

Who: Willingness to learn, patient and caring with empathy for older people. Understanding of nutrition and hygiene.

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

PRESTONPANS COMMUNITY SPORTS HUB CHAIRPERSON

What: Chairperson for the local sports hub.

When: Evening, dates TBC (4 hours per month)

Who: Willingness to learn, reliable, good communication and leadership skills

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

Sports Coaching

PENNYPIT TRUST SPORTS COACHES

What: Providing sports coaching at a local club in the Prestonpans area

When: Weekday training and a weekend match

Who: Willingness to learn, ability to create a fun learning environment, some playing experience.

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

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Administration

PRESTONPANS COMMUNITY SPORTS HUB

ADMINISTRATION OFFICER

What: Providing admin support at Hub meetings and at other events

When: Evening, dates TBC

Who: Willingness to learn, good organisation and communication skills.

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email

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call

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**PENNYPIT TRUST
SPORTS DEVELOPMENT
OFFICER**

What: A great opportunity to gain sports development experience at a local club. Sports available: football, hockey, gymnastics, bowling, cricket.

When: flexible hours

Who: A sports student or recent graduate. Good organisation & communication skills and initiative

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

LONGNIDDRY VILLA YOUTH FOOTBALL COACH x 2

What: Youth football coaching for 11
aside team. Leading Training
Sessions and games on match day
with the squad

When: Midweek sessions and Sunday
game (4 hours per week)

Who: Willingness to learn, patient,
encouraging, organised and positive
(PVG role).

For more information

email

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call

01875 815 221

**PRESTON ATH. YFC
LEAD COACH FOR
GIRLS TEAMS**

**What: Youth football coaching.
Leading Training Sessions and
games on match day with the squad
(u7 or u11)**

**When: One midweek session and
Saturday game (3 hours per week)**

**Who: SFA level 2 qualified, patient
and able to encourage, organised,
reliable. (PVG role).**

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

LONGNIDDRY VILLA FC CATERING ASSISTANT

What: Helping with the clubs tuck shop .

When: Midweek and weekend for 2 hours per week.

Who: An interest in food & catering, understanding of food hygiene, willingness to learn.

For more information

email

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call

01875 815 221

PRESTON ATH YFC CATERING ASSISTANT

What: Helping with the clubs tuck shop.

When: Midweek and weekend for 2 hours per week.

Who: An interest in food & catering, understanding of food hygiene, willingness to learn.

For more information

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**EAST LOTHIAN
BOWLING CLUB
MINIBUS DRIVER**

What: A driver is required to transport players to away games leaving from Meadowmill.

When: Various times

Who: Preferably an individual with a D1 entitlement or minibus licence.

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

**PRESTON ATH YOUTH
FOOBTALL CLUB
WEBMASTER**

**What: Develop and maintain website
for a youth football club.**

When: Flexible hours

**Who: Excellent IT skills, creative
with good knowledge of social
media.**

For more information

email

volunteerprestonpans@gmail.com

call

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**SALTIRE TEAM
GYMNASTICS
EVENT STAFF**

**What: Help at one of the clubs
competitions or events.**

When: TBC

**Who: An individual wanting to gain
event experience with a willingness
to learn.**

For more information

email

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call

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**PENNYPIT TRUST
PRESS OFFICER**

What: An opportunity to gain experience in writing match reports, press releases and reporting to local radio.

When: weekend matches

Who: A journalism student or recent graduate or an individual with an interest in journalism and sport.

For more information

email

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call

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**LONGNIDDRY VILLA
YOUTH FOOTBALL
COACH**

**What: Youth football coaching.
Leading Training Sessions and
games on match day with the squad**

**When: Midweek sessions and Sunday
game (4 hours per week)**

**Who: Willingness to learn, patient,
encouraging, organised and positive
(PVG role).**

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**PRESTON LODGE
LADIES HOCKEY CLUB
YOUTH COACH
ASSISTANT**

What: Assist with junior hockey sessions. Helping the lead coach with drills and game related practises

When: Midweek session (1 hour pw)

Who: Positive, fun, with ability to understand and encourage young players. (PVG role)

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

**EAST LOTHIAN
BOWLING CLUB
YOUTH COACH**

**What: Leading or assisting indoor
bowling sessions at Meadowmill**

**When: Flexible, one session per week
(1 hour per week)**

**Who: Understanding of indoor bowls
and playing experience, patient,
ability to create fun, engaging
sessions. (PVG Role)**

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

**SALTIRE TEAM
GYMNASTICS COACH**

What: Coaching gymnasts at Meadowmill. Help to set-up equipment. Prepare gymnasts for competition.

When: Midweek training sessions and weekend competitions (2 hours per week)

Who: Willingness to learn, interested in helping young gymnasts reach their potential. Fun & creative. (PVG role)

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

**PENNYPIT TRUST
ASSISTANT
FOOTBALL COACH**

What: Assisting SFA qualified coaches at our weekly Friday night 5-a-sides

When: Friday 5pm to 7pm

Who: An interest in football and a willingness to learn, full training will be provided.

For more information

email

volunteerprestonpans@gmail.com

call

01875 815 221

**EAST LOTHIAN
BOWLING CLUB
CONTROL DESK
OFFICER**

What: Performing tasks that help the smooth running of the club's main control desk, including cash handling, making bookings & admin.

When: Flexible, Morning, Afternoon, or Evening (2 hours per week)

Who: Willingness to learn, numeric, organised, reliable, trustworthy

For more information

email

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What is the Sports Volunteer Project?

It aims to increase sport and physical activity in the Prestonpans area, including Port Seton, Cockenzie and Longniddry, by increasing the number of people volunteering with a local sports club or at a community sports event.

The project is managed by the Pennypit Community Development Trust in association with Active East Lothian's Prestonpans Community Sport Hub.

What kind of volunteer are we looking for?

- * People, young or old, looking to develop employability skills
- * Students, especially sport related, looking for practical experience or a placement
- * Individuals interested in a sports related career
- * Coaches wanting to increase their coaching qualifications
- * Anyone looking for a sports role within a local sports club.
For example: coach, talent scout, sport psychologist, strength & condition coach, sport therapist, physiotherapist, match analysis, etc
- * Anyone wanting to help a local sports club in a support role.
For example: admin, catering, ground maintenance, media, marketing & fundraising, mini bus drivers, web design & social media, finance, event management, journalism, etc

What's in it for **you**?

* **Access Free Training**

* **Learn New Skills**

* **Gain Experience**

* **Improve your CV**

* **Try Something New**

* **Have More Confidence**

* **Gain Coach Certificates**

* **Help Your Community**

* **Have Fun**

How does it work from **here**?

Any Questions?

You can contact us on:

volunteerprestonpans@gmail.com



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